

Juiced

Naturally Refreshing



• MENU •

*When you have a juice, shake
or smoothie at Juiced,
you can be sure it was made
with love just for you.*

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Juices

ORANGE or CARROT or APPLE
ORANGE & CARROT
ORANGE, CARROT, LIME & GINGER

Smoothies

STRAWBERRY SQUEEZE
Strawberry, Pineapple, Banana, Lime and Orange Juice

STRONG GREENS
Banana, Spinach, Kale, Lemon and Apple Juice

TROPICAL DELIGHT
Mango, Pineapple, Banana and Apple Juice

ROOTFEST
Ginger, Carrot, Pineapple, Banana and Orange Juice

BREAKIE ON THE GO
Granola, Strawberry, Banana, Honey and Skimmed Milk

BERRYLICIOUS
Blueberry, Banana, Strawberry, Lime and Apple Juice

GREEN BANANA
Spinach, Banana, Pineapple, Cucumber, Mint, Lemon and Apple Juice

Super Smoothies

AÇAÍ SURPRISE
Açaí Puree, Banana, Strawberry and Apple Juice

IRON BOOST
Açaí Puree, Spinach, Kale, Blueberry, Banana and Apple Juice

CARIBBEAN DELIGHT
Guava Puree, Strawberry, Ginger, Carrot and Orange Juice

CHERRY BERRY
Cherry, Strawberry, Blueberry, Chia Seeds and Apple Juice

EAT YOUR GREENS!
Avocado, Spinach, Apple, Basil and Apple Juice

Naughty Milk Shakes

KIT KAT, MARS BAR, TWIX or OREO COOKIE
WITH ICE CREAM or FAT-FREE FROZEN
YOGURT and MILK

Yogurt Shakes

STRAWBERRY HEAVEN
Strawberries with fat-free Frozen Yogurt and Milk

BERRY PUNCH
Strawberry, Blueberry with fat-free Frozen Yogurt and Milk

TROPICAL MANGO
Pineapple, Mango, Banana with fat-free Frozen Yogurt and Milk

BANANA BOOST
Banana, Honey, Cinnamon with fat-free Frozen Yogurt and Milk

CREATE YOUR OWN
Smoothie
OR **SHAKE**

Choose up
to 3 items
from the
lists below

FRUIT

Strawberry
Pineapple
Banana
Blueberry
Apple
Cherry
Lime
Lemon
Mango
Avocado

VEGETABLES

Spinach
Kale
Basil
Mint
Ginger
Cucumber

TREATS

Ice Cream
Natural Yogurt
Granola
Honey

☹️☹️☹️
Add orange
or apple juice
for the perfect
smoothie. Add
milk for your
shake.

♥️
WHY NOT ADD
A WELLNESS
HEALTH BOOST?

Chai Seeds
Wheatgrass
Açaí Berries
Whey Protein
Vitamin C